



2019

JANUARY

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

1/03, 1/17: Adults Helping Adults (6:30pm-8pm)
1/12: Bereavement Groups (9:30am -10:45am)
1/12: Illness/Injury Groups (12pm-1:30pm)
1/15: 8-Session Support Groups (6pm-7:45pm)
(meets weekly from 1/29-3/19)
1/23: CEU Happy Hour (times vary, check website)
1/26: Support without Borders (10am-12pm)

APRIL

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

4/04, 4/18: Adults Helping Adults (6:30pm-8pm)
4/06-4/07: Camp Hope: A Retreat For Grieving Teens
4/13: Bereavement Groups (9:30 -10:45am)
4/13: Illness/Injury Groups (12pm-1:30pm)
4/24: CEU Happy Hour (times vary, check website)
4/27: Support without Borders (10am-12pm)

FEBRUARY

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2
3	4	5	6	7	8	9

2/07, 2/21: Adults Helping Adults (6:30pm-8pm)
2/9: Bereavement Groups (9:30am-10:45am)
2/9: Illness/Injury Groups (12pm-1:30pm)
2/27: CEU Happy Hour (times vary, check website)
2/23: Support without Borders (10am-12pm)

MAY

S	M	T	W	T	F	S
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

5/02, 5/16: Adults Helping Adults (6:30pm-8pm)
5/11: Bereavement Groups (9:30am-10:45am)
5/11: Illness/Injury Groups (12pm-1:30pm)
5/18: Remembrance Walk
5/22: CEU Happy Hour (times vary, check website)
5/25: Support without Borders (10am-12pm)

MARCH

S	M	T	W	T	F	S
24	25	26	27	28	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

3/07, 3/21: Adults Helping Adults (6:30pm-8pm)
3/09: Bereavement Groups (9:30am-10:45am)
3/09: Illness/Injury Groups (12pm-1:30pm)
3/15-3/17: Grief Facilitator Training
3/18: 8-Session Support Groups (6pm-7:45pm)
(meets weekly from 3/18-5/06)
3/23: Spring Family Day (10am-1pm)
3/24: Spring Family Day (11am-2pm)
3/27: CEU Happy Hour (times vary, check website)
3/30: Support without Borders (10am-12pm)

JUNE

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

6/06, 6/20: Adults Helping Adults (6:30pm-8pm)
6/08: Bereavement Groups (9:30 -10:45am)
6/08: Illness/Injury Groups (12pm-1:30pm)
6/22: Summer Family Day (10am-1pm)
6/23: Summer Family Day (11am-2pm)
6/26: CEU Happy Hour (times vary, check website)
6/29: Support without Borders (10am-12pm)

■ = Bereavement Programs
 ■ = Illness/Injury Programs
 ■ = Trainings/Events
 ■ = Support Without Borders

Find more detailed information at www.griefsjourney.org, or call 402.502.2773. Advanced registration is required for all programs.

JULY

S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

- 7/04: NO Adults Helping Adults (Holiday)
- 7/18: Adults Helping Adults (6:30pm-8pm)
- 7/13: Bereavement Groups (9:30am-10:45am)
- 7/13: Illness/Injury Groups (12pm-1:30pm)
- 7/24: CEU Happy Hour (times vary, check website)
- 7/27: Support without Borders (10am-12pm)

OCTOBER

S	M	T	W	T	F	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

- 10/03, 10/17: Adults Helping Adults (6:30pm-8pm)
- 10/05, 10/06: Dia de los Muertos (10am-1pm), (11am-2pm)
- 10/12: Bereavement Groups (9:30am-10:45am)
- 10/12: Illness/Injury Groups (12pm-1:30pm)
- 10/13: Comfort Food Classic
- 10/19-10/20: Camp Hope: A Retreat For Grieving Teens
- 10/23: CEU Happy Hour (times vary, check website)
- 10/28: 8-Session Support Groups (6pm-7:45pm)
(meets weekly 10/28-12/16)
- 10/26: Support without Borders (10am-12pm)

AUGUST

S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

- 8/01, 8/15: Adults Helping Adults (6:30pm-8pm)
- 8/02-8/04: Grief Facilitator Training
- 8/10: Bereavement Groups (9:30am-10:45am)
- 8/10: Illness/Injury Groups (12pm-1:30pm)
- 8/28: CEU Happy Hour (times vary, check website)
- 8/31: Support without Borders (10am-12pm)

NOVEMBER

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

- 11/07, 11/21: Adults Helping Adults (6:30pm-8pm)
- 11/09: Bereavement Groups (9:30am-10:45am)
- 11/09: Illness/Injury Groups (12pm-1:30pm)
- 11/21: Grief Awareness Conference
- 11/30: Support without Borders (10am-12pm)

SEPTEMBER

S	M	T	W	T	F	S
25	26	27	28	29	30	31
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

- 9/03: 8-Session Support Groups (6pm-7:45pm)
(meets weekly 9/03-10/22)
- 9/03, 9/19: Adults Helping Adults (6:30pm-8pm)
- 9/07: Bereavement Groups (9:30am-10:45am)
- 9/07: Illness/Injury Groups (12pm-1:30pm)
- 9/25: CEU Happy Hour (times vary, check website)
- 9/28: Support without Borders (10am-12pm)

DECEMBER

S	M	T	W	T	F	S
24	25	26	27	28	29	30
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

- 12/05, 12/19: Adults Helping Adults (6:30pm-8pm)
- 12/07: Tinsel & Tears (10am-1pm)
- 12/08: Tinsel & Tears (11am-2pm)
- 12/14: Bereavement Groups (9:30am-10:45am)
- 12/14: Illness/Injury Groups (12pm-1:30pm)
- 12/28: Support without Borders (10am-12pm)

■ = Bereavement Programs
 ■ = Illness/Injury Programs
 ■ = Trainings/Events
 ■ = Support Without Borders